

Recreative Activities
(Free of charge)
Llao-Llao Hotel & Resort Golf.Spa

HEALTH CLUB:

We provide the following services:

- Work-out room with professional counseling
- Aerobics Room
- Heated indoor swimming pool (28°C)
- Heated outdoor swimming pool linked to the indoor one (28° C)
- Hydro-massage (35°C)
- Sauna Bath
- Play Room (table tennis, pool, fizz-ball, board games, card games, videogames).
- Mountain bikes: available all day long (15 bikes-2 hours per day free of charge)

Besides, you will be able to enjoy the following activities:

Health Walk: (up to 15 people)

Start your day with your right foot, surrounded by nature, walking in the hotel gardens in the company of our trainers. The walks are organized in terms in three degrees of difficulty. Duration: one hour.

Eco Walk: (up to 15 people)

Get to know the features of our forests, mountains, lakes, flora and fauna during this interesting interpretative walk.

Rereative walks: (up to 15 people)

To Llao Llao Mountain:

Degree of difficulty: medium

Duration: about 3 hours

Distance: 7 km.

To Moreno Lake Viewpoint

Degree of difficulty: easy

Duration: about 2 hours

Distance: 6 km.

To Villa Tacul:

Degree of difficulty: medium

Duration: about 3 hours

Distance: 8 km.

To Escondido Lake:

Degree of difficulty: medium

Duration: about 3 hours

Distance: 8 km.

Gym classes:

- Body Pump (**up to 8 people**)
- Pilates (**up to 10 people**)
- Aerobics (**up to 10 people**)
- Stretching (**up to 10 people**)
- Yoga (**up to 10 people**)
- Localized gym (**up to 10 people**)
- Hydro-gym (**up to 10 people**)
- Spinning (**up to 5 people**)
- Feldenkrais (**up to 8 people**)
- Tai chi I (**up to 8 people**)

If you enjoy dancing...

- Take tango and salsa lessons (**up to 12 people**)

We also count with painting lessons (up to 10 people)

For the ones who love adventure...

- Archery: Practice this ancient sport with our instructors surrounded by a majestic landscape (**up to 13 people**)
- Rappel: Have fun with your whole family being guided and taken care of by our instructors. This mountain activity is done all year round. (**up to 13 people**)
- Mountain Bike. Go for a bike ride in a unique environment visiting unforgettable viewpoints. (**up to 13 people**)

We also organize tournaments of:

- Pool
- Table -tennis
- Truco
- Soccer

. And for the little ones....

If you are between 3 and 12 years old, we will be waiting for you at...

*The Kids' Club (open all year round)

It opens at 11:00 AM and closes at 6:00 PM. Children participate in games, rappel, tirolezza, walks, puppets, handcrafts and water activities. Lunch and tea-time are included.

Ayenhué Baby Care (open all year round)

A specially designed place for the most little members of the family, from newly born babies up to 3-year-old kids. Tenderness, warmth and security are offered at Ayenhué.

Other alternatives:

- Library
- A wide range of board games

In the afternoon and in the evening...

- Happy Hour at the Lobby Bar: all year round at 7:00 PM in the winter or at 8:00 PM in the summer.
- Live shows from 10:00 PM at the Lobby Bar

SPA:

Our exclusive **LLAO LLAO SPA** offers a wide range of revitalizing treatments in an imposing landscape. We try to do our very best to take care of your body and provide you with the so necessary rest.

Our guests will be kindly assisted by our professionals. They will be able to choose a set of spa programs which will help them recover their vitality, decrease their level of fatigue and get back their faces' freshness.